

School Health and  
Community Involvement  
*Putting Prevention to Work*

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Bureau of Nutrition and Physical Activity  
Health and Wellness for all Arizonans



Overview

- School Health Initiatives
  - Communities Putting Prevention to Work
  - Coordinated School Health
- Opportunities for Community Involvement
  - School Health Advisory Councils
  - School Health Index
  - Local Wellness Policies

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Communities Putting Prevention to Work  
CPPW

Communities Addressing Obesity  
*Pima County, AZ*



States: Policy and Environmental Change  
*Arizona Department of Health Services*

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CPPW

- School Wellness
  - School Health Advisory Councils
  - School Health Index
- Childcare Active Living and Healthy Eating
- Arizona Baby Steps to Breastfeeding Success



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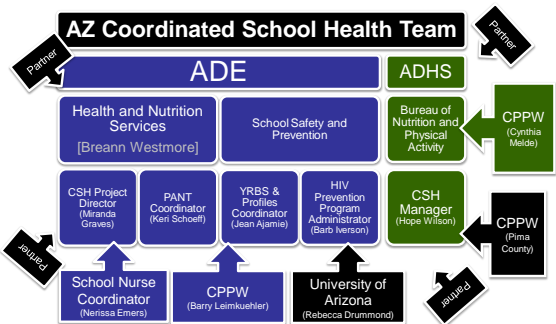


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AZ Coordinated School Health Team



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### HealthologyAz.com



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### School Health Advisory Councils SHAC

*A group of individuals who represent both the school and the community. This group acts collectively to provide advice on aspects of the school health policies and programs. SHACs can advise a local education agency (district) or an individual school site.*

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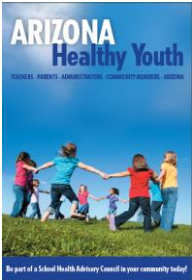
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### SHAC Resources



[www.eatsmartgetactive.org/SchoolWellness](http://www.eatsmartgetactive.org/SchoolWellness)

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School Health Index

A Self-Assessment and Planning Guide



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Local Wellness Policies


Overview

Local wellness policies are an important tool for parents, local education agencies (LEAs) and school districts in promoting student wellness, preventing and reducing childhood obesity, increasing physical activity and providing assurance that school meal nutrition guidelines meet the federal school meal standards.

- First passed by Congress passed the Child Nutrition WIC Reauthorization Act (2004).
- As of School Year 2006-2007, all LEAs participating in NSLP were required to establish a local school wellness policy.
- Renewed in 2010 as part of the Healthy, Hunger-Free Kids Act of 2010
- School Year 2011-2012: LEAs need review their local wellness policies and begin implementing the new requirements.
- Begin implementation in 2012-2013 school year.

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Local Wellness Policies

Requirements

	Old Requirements Child Nutrition WIC Reauthorization Act, 2004	New Requirements Healthy, Hunger-Free Kids Act of 2010
Overview	Directs local educational agencies (LEAs) to have in place a LWP for each school under its jurisdiction.	Strengthens LWPs and adds rules for <b>public input, transparency, and implementation.</b>
Elements of the Local School Wellness Policy	LWP to include, at a minimum, goals for nutrition education, physical activity, and other school-based activities to promote student wellness, as well as nutrition guidelines for all foods available on school campus.	In addition to the 2004 requirements, the LWP is also to include goals for <b>nutrition promotion.</b>

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Local Wellness Policies (2010)

Requirements

	Old Requirements - 2004	New Requirements Healthy, Hunger-Free Kids Act of 2010
Public Notification	None.	Required to <b>inform</b> and <b>update</b> the public about the <b>content</b> and <b>implementation</b> of the LWP.
Measuring Implementation	LEAs are required to establish a plan for measuring implementation of the LWP.	Required to <b>measure periodically</b> and make <b>available to the public</b> an <b>assessment on the implementation</b> , including the extent to which schools are in compliance, the extent to which it compares to model LWP, and to describe the progress made in attaining goals.
Stakeholder Involvement	LEAs are required to involve parents, students, and representatives of the school food authority, the school board, school administrators and the public in the development of LWP.	In addition to the 2004 requirements, LEAs are now required to permit teachers of physical education and school health professionals to participate in the development of LWP.
Stakeholder Participation	The stakeholders named above are required to participate in the development of the LWP.	In addition to the 2004 requirements, LEAs are now required to permit all stakeholders named above and in 2004 to participate in the <b>implementation</b> and <b>periodic review</b> and <b>update</b> of LWP.

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Thank you.

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Resources

- CDC - DASH  
[www.cdc.gov/healthyyouth](http://www.cdc.gov/healthyyouth)
- ADHS School Wellness  
[www.eatsmartgetactive.org](http://www.eatsmartgetactive.org)
- AZ Coordinated School Health  
[www.healthologyaz.com](http://www.healthologyaz.com)
- CPPW  
[www.cdc.gov/CommunitiesPuttingPreventiontoWork](http://www.cdc.gov/CommunitiesPuttingPreventiontoWork)
- Local Wellness Policies (TEAM Nutrition)  
[www.fns.usda.gov/TN/](http://www.fns.usda.gov/TN/)



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